

St. Thomas Aquinas School

Lunch Menu - OCTOBER 2023

SUN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT
	² W.G. Toast Cereal, Fruit, and Milk Ham & Cheese Wrap Romaine Salad Baby Carrots Assorted Fruit	³ Pop Tarts, Cereal, Fruit, and Milk Cheesy Chicken Pasta Peas & Carrots Steamed Broccoli Assorted Fruit	⁴ W. G. Toast, Cereal, Fruit, and Milk Hamburger Corn Baked Beans Assorted Fruit	⁵ Cocoa Puffs Bar, Cereal, Fruit, and Milk Maidrites Green Beans Romaine Salad Assorted Fruit Animal Crackers	⁶ W.G. Toast, Cereal, Fruit, and Milk Hot Dog Tater Tots Baby Carrots Apple	⁷
⁸	⁹ W.G. Toast, Cereal, Fruit, and Milk BBQ Chicken Sandwich Peas Green Beans Assorted Fruit	¹⁰ W.G. Toast, Cheese Omelet, Fruit, and Milk Ham & Cheese Melt Steamed Broccoli Baby Carrots Assorted Fruit	¹¹ W.G. Toast ,Cereal, Fruit, and Milk Breaded Chicken Sandwich Corn Baked Beans Assorted Fruit	¹² Granola Bar, Cereal, Fruit, and Milk Chef Salad Green Beans W.G Breadstick W.G. Sun Chips Assorted Fruit	¹³ W.G. Toast, Cereal, Fruit, and Milk Corn Dog Baby Carrots Celery, Hummus Banana Granola Bar	¹⁴
¹⁵	¹⁶ NO SCHOOL	¹⁷ W.G. Toast, Sausage, Fruit, and Milk Breaded Pork Sandwich Romaine Salad Green Beans Assorted Fruit	¹⁸ W.G. Toast, Cereal, Fruit, and Milk Sloppy Joes Corn Baked Beans Assorted Fruit	¹⁹ Cocoa Puffs Bar, Cereal, Fruit, and Milk Crispitos Green Beans Romaine Salad Assorted Fruit Goldfish Crackers	²⁰ W.G. Toast, Cereal, Fruit, and Milk Hot Dog Tater Tots Baby Carrots Apple	²¹
²²	²³ W.G Toast, Cereal, Fruit, and Milk Chicken Strips Mashed Potatoes Steamed Broccoli Assorted Fruit W.G. Breadstick	²⁴ Pop Tarts, Cereal, Fruit, and Milk Burrito Peas & Carrots Green Beans Assorted Fruit Animal Crackers	²⁵ W.G. Toast, Cereal, Fruit, and Milk Breaded Chicken Sandwich Corn Baked Beans Assorted Fruit	²⁶ Granola Bar, Cereal, Fruit, and Milk Chef Salad Green Beans W. Breadstick W.G. Sun Chips Assorted Fruit	²⁷ NO SCHOOL	²⁸
²⁹	³⁰ W.G. Toast, Cereal, Fruit, and Milk Goulash Green Beans Romaine Salad Assorted Fruit W.G. Breadstick	³¹ Granola Bar, Cereal, Fruit, and Milk Peanut Boo-ter & Jelly Fish Sand Witch Skeleton Chips Creepy Carrots Goblin Bobbin Apples Yummy Mummy Milk				

This institution is an equal opportunity provider.

Menu subject to change.

Milk served with all meals.